



Family Thrive for Parents and Carers

A six week course to introduce you to fundamentals of Thrive and how it works in practice.

Have you ever wondered what's happening when your child:

- Won't listen?
- Answers back?
- Has a tantrum?

Come on this course to find out about:

- How our brains develop
- How your right brain talks to your left?
- Why play and creativity are so important to you and your child
- How to support your child at times of change and difficulty
- Everyday trigger times and how to keep calm
- How to be a behaviour detective
- Thrive in your school
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Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

Family Thrive Course at Priory Woods school

The course will be ran by Lynn Stainthorpe and Kathrine Hughes, staff in school who are also Thrive approved Course Leaders. The course will run for six sessions that will last for one and a half hours in school. The sessions will be structured yet informal sessions that will allow time to interact with other parents and carers, ask questions, get help and practical suggestions to use with your child.

If you would be interested in coming please fill in the form below and return it to school as soon as possible. If you have any questions please call us on 01642 770540.

Your name:

Your Child's name:

What time of day would you be able to attend the course (Please tick): Morning

Afternoon:

After School:

Your phone number:

To find out more about Thrive, please visit www.thriveapproach.co.uk